# **Draft Spring Amendments**

Area 28

Guidelines Workbook

2024 / 2025

Panel 74

April 2025

Spring Update Version

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## I. General

#### A. Preamble of General Service Area 28 Assembly of Alcoholics Anonymous

The Area Assembly of Alcoholics Anonymous shall always be a service body and shall protect and respect the autonomy and the privilege of dissent of the Group Conscience of the Area. In the course of deliberations and discussions, the Assembly shall ever be mindful of the ideals expressed in the Twelve Traditions, the Twelve Concepts and the A.A. Service Manual, and shall strive to be the true voice and Group Conscience of the Area.

Unity and service shall ever be the Assembly's primary purpose, and it shall encourage all Area Groups to participate in the business of the Assembly and to support the Assembly in its efforts to cooperate with the A.A. General Service Office and A.A. World Services.

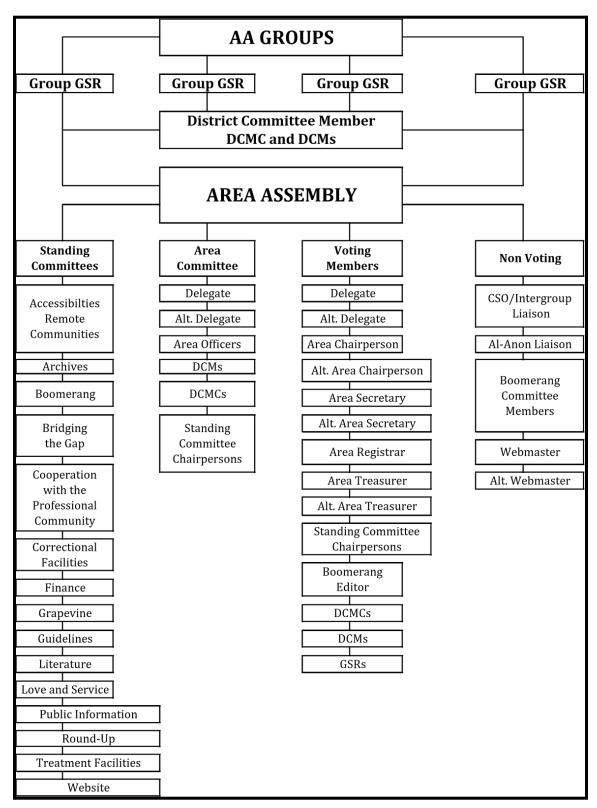
The Assembly is specifically charged with the duty of electing a delegate to the General Service Conference and to provide the delegate financial support to assist him or her in the course of performing the duties of the office. The Assembly is further charged with electing an alternate delegate to the General Service Conference and to elect such Area Officers it deems necessary.

## B. Map of Districts and District Directory Disclaimer

The Area 28 Map of Districts and the District Directory that include cities/towns are based on current group/district participation. The map and directory are not in any way meant to instruct groups on what districts they must participate in. This is an individual group's decision.

## II. Area 28 Structure

#### A. Structure Chart of Area 28



## B. The A.A. Group - the Final voice of the Fellowship

- 1. General Group Representative (GSR)
  - a. Attends group meetings regularly
  - b. Sits in as a member of group steering committee
  - c. Reports to group regularly at meetings on all service meetings and service activities
  - d. Conducts group inventory at least once each year;
  - e. Encourages group interest in Box 459
  - f. Keeps informed of group affairs and encourages 7th Tradition contributions
  - g. Is available to serve, cooperate and counsel with other Group Committee Chairpersons (Sponsorship, Literature, Institutions, Intergroup, Central Service Office, etc.)
  - h. Returns Group Information Change Forms to GSO in a timely manner.
  - i. Attends district meetings regularly
  - j. Reports to district on his/her group
  - k. Shares with other GSR's
  - 1. Attends all Assemblies and participates in preparation for assembly
  - m. Keeps complete records with all procedures and Minutes available for all District meetings and Assemblies and for group meetings when reporting to group
  - n. Available to serve in such district activities as may be required.
  - o. Attends training sessions, workshops, etc.
  - p. Studies the A.A. Service Manual and Area Service Workbook
  - q. Obtains the services of an alternate (at least during second year of term)
  - r. Supervises training of an Alternate particularly with A.A. Service Manual, Area Service Workbook, procedures, reports and general familiarization with duties
  - s. Participates in workshops, sharing sessions, etc.
  - t. Endeavors to become an active, knowledgeable and effective GSR.
  - u. Recommended service experience: 2-3 years of sobriety recommended; Group experience, such as setting up meeting, making coffee, group officer, etc.

#### C. The District Committee

#### 1. Area 28 Districts

- a. A district is a right-sized geographical unit containing 6-20 Groups with which a D.C.M can maintain frequent contact.
- b. Districts larger than 6-20 groups may choose to elect a DCMC and as many DCM's as they feel necessary.

## 2. District Officers and Their Responsibilities

- a. District Committee Member Chairperson (DCMC):
  - i. Shall attend and chair monthly District meetings
  - ii. Ensures the list of groups in district is current and up to date.
  - iii. Encourages participation in Service Committees
  - iv. Available to assist GSR's and DCM's in the Districts.
  - v. Must be knowledgeable about A.A. Service Manual and adhere to suggested procedures
  - vi. Ensure District Committees are functioning and observing guidelines for their committee.
  - vii. The District Chairperson and DCM's attend and participate in all Area Committee Meetings, Pre and Post-Conference Forums and Area Assemblies
  - viii. Assigned by Area Chairperson to an Area Standing Committee
  - ix. Prepares brief factual written district report with legible or electronic copy to Area Secretary
  - x. Is knowledgeable of A.A. affairs in District
  - xi. Shares District problems and those activities which may benefit others at Assemblies
  - xii. Has a good grasp of group conscience of the District
  - xiii. Ensure GSR's are familiar and understand the A.A. Service Manual (included with the G.S.R. Service Kit from GSO) and Area 28 Service Workbook
  - xiv. Encourages GSRs to attend training sessions, workshops, sharing sessions, etc.
  - xv. Assist G.S.R.'s in updating group registration computer print-outs
  - xvi. Provide New Group Information forms to new groups in the District.
  - xvii. Encourage groups, through G.S.R.s to reach out into the community through the P.I. and C.P.C. Committees
  - xviii. Encourage Committee Chairs of the District to participate in the corresponding Area Standing Committees.
  - xix. Recommended service experience: Prior G.S.R. 3 to 4 years' continuous sobriety

- b. District Committee Member (DCM):
  - i. Shall encourage each of their assigned groups to have an active G.S.R
  - ii. Receives and discusses group reports with GSR's
  - iii. Keeps informed of group affairs and /or problems.

#### D. Maine Area 28

- 1. Area Officers (Trusted Servants):
  - a. Delegate
  - b. Alternate Delegate
  - c. Area Chairperson\*
  - d. Area Alternate Chairperson
  - e. Area Secretary
  - f. Area Alternate Secretary
  - g. Area Treasurer\*
  - h. Area Alternate Treasurer\*
  - i. Area Registrar

\*The Area Chairperson, Area Treasurer and Area Alternate Treasurer serve on the Board of Directors for the Area 28 501(c)(3) corporation. Being a member of the Board of Directors entails additional meetings and communications with the other Board of Directors as well as responsibilities and liabilities that come with serving on a board of Directors of a 501(c)(3) corporation in the State of Maine. Familiarity with the Area 28 Corporate Bylaws, Articles of Incorporation and other documents as well as nonprofit board experience is recommended but not required.

#### 2. Area Committee:

- a. The Area Committee shall consist of all Area Officers, Area Standing Committee Chairpersons, Al-Anon and CSO/Intergroup Liaisons, DCMCs and DCMs.
- b. The Area Committee shall have called meetings in months prior to an assembly. Its function is to develop the Assembly Agenda and Committee make recommendations. In the spirit of rotation, an Officers' Exchange meeting will be scheduled in December of election years to allow incoming and out-going officers to have an orderly transition.
- c. Special Area Committee Meetings: Extra meetings required for specific problems can be called for by: The Delegate or any (3) three Area officers.
- d. Participation in Area Committee Meetings: Any members of A.A. may visit and/or participate in discussion. Only members of the Area Committee may vote in Area Committee Meetings.
- e. Responsibilities of Area Committee:
  - i. Area Committee members shall attend and participate at all Area Committee Meetings and all Area Assemblies.
  - ii. Set lively Assembly Agenda.
  - iii. Visit District Meetings.
  - iv. Set up Workshops or Assist Districts in doing so.
  - v. Run (2) two Assemblies (2 days each) per year.
  - vi. Encourage sharing of DCM's / District Problems and solutions.
  - vii. Provide and maintain "Boomerang" as the voice of the Area and ensure its distribution to as many groups as possible.
  - viii. Fund and support the Area Round-Up.
  - ix. Provide and maintain Budget.
  - x. Support Delegate monetarily and with information.
  - xi. Ensure Delegate's Post-Conference Forum.
  - xii. Make Delegate aware of Area's consensus on General Service Conference topics.
  - xiii. Provide for mailing to DCMCs and DCM's of any special interest items.
  - xiv. Welcome Re-Districting and new DCMCs and DCM's.
  - xv. Maintain complete, up-to-date comprehensive mailing list.
  - xvi. Cooperate with any Central Service Office (C.S.O.) / Intergroup.
  - xvii. Cooperate with the General Service Office (G.S.O) in providing services for Regional Forums or other Regional Functions, etc.
  - xviii. Provide updates of this General Service Workbook.
    - xix. Mail or email all minutes of Area 28 committee meetings and assemblies to whomever requests them, including all area officers, area committee members, DCMCs, DCM's, GSR's, Past Delegates and occasionally to groups.

## **III.** Election and Rotation of Officers

#### A. Elections:

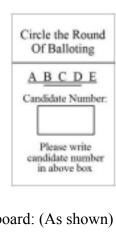
- 1. At the October Assembly of each odd year the Area will elect the following: All Area Officers, Round-Up Chairperson, Alternate Round-Up Chairperson and any other elected officials required.
- 2. All voting members of the Assembly who are present may vote.
- 3. Election of all Area Officers shall be by Third Legacy Procedure as outlined in the A.A. Service Manual, Chapter One.
- 4. Single Second Year Term Candidates:
  - a. The office of Delegate, Alternate Delegate and Area Chairperson shall allow only one (1) two year term.
  - b. If any officer resigns or is replaced the office will be filled by the Alternate or, if needed, an election. Filling in a term vacated by a previous officer shall not disallow the replacement from the next regular election.
- 5. Other Elective Positions shall be elected by majority vote.
- 6. Trustee Nominee Elections:
  - a. When a nominee is needed for a Trustee-at-Large or Regional Trustee, all Past Delegates shall be notified by the current Delegate, before the election.
  - b. Any Past Delegate that is willing to serve must complete the Trustee Resume and state their qualifications on the floor of the Assembly.
  - c. If only one Past Delegate is available, the election can be done by acclamation.
  - d. If more than one Past Delegate is willing to serve, the voting will be done by Third Legacy Procedure.

#### B. Election Procedure:

- 1. Area Chairperson announces procedure for election (AA Service Manual, Chapter Four) and acceptance of DCMs elected by GSRs.
- 2. Area Chairperson introduces the district map and asks for any redistricting. If a DCM has not been elected, GSR's from the new district(s) will caucus and elect one.
- 3. Area Chairperson turns the election procedure over to an area past delegate as the Election Chair. It has been customary to have a past delegate from another area to chair the biennial election process with Area 28 past delegates assisting at the blackboard and as tellers. Nonvoting AA members will distribute and collect ballots.
- 4. A past delegate will read "Why We Need A Conference?" on page S20 from the A.A. Service Manual.
- 5. The Election Chair will read "The Third Legacy Procedure" on pages S21 through S23 in the A.A. Service Manual and ask for any questions.
- 6. The Election Chair will read Section 1 "Assembly Voting Members" of the Area 28 Workbook.
- 7. The Area 28 Secretary calls the roll of assembly voting members.
- 8. Election Process:
  - a. This process herein described is to be followed for each Area 28 election position.
  - b. Anyone who has served as a DCM is eligible to serve.
  - c. The Election Chair reads each service positions responsibilities starting with Delegate from the A.A. Service Manual Chapters 5 and 6, and from the Area 28 Service Workbook
  - d. The Election Chair reads the names from the current Area 28 Contact List prepared by the Area 28 Secretary of voting Area Officers, Area Standing Committee Chairs, DCMCs, DCM's within a district, Round-up Chair and Alternate Round-Up Chair. As names are called, the person answers "yes" or "no" if they are willing to serve in that position.
  - e. Self-nominations are sought from the floor.
  - f. Names that said "yes" are listed on the black/white board and numbered.
  - g. All candidates who make themselves available for a position will stand and give their sobriety date and qualifications.
  - h. Balloting begins using different colored ballots. Members are reminded to circle the ballot letter and place the candidate's number in the square. Marked ballots are collected and given to the tellers.
  - i. Any mismarked or unclear ballots are not counted.
  - j. The members should be reminded of the importance of a fifth ballot in accepting balloting results.

	9.	Third Legacy	Ballet /	Tally Exami	oles:
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a. Third Legacy Ballot



(Ballot Shown)

b. Blackboard/Whiteboard: (As shown)

TOTAL REGISTEI							
Candidate Name	Ballot	Ballot	Ballot	Ballot	Ballot		
	Round	Round	Round	Round	Round		
		(A)	(B)	(C)	(D)	(E)	Hat Elected
1							
2							
2							
4							
6							
7 8							
0							
Votes Cast							
2/3							
1/5							

## IV. Voting/Non-Voting Members

- A. Assembly Voting Members:
  - 1. Delegate
  - 2. Alternate Delegate
  - 3. Area Chairperson
  - 4. Area Alternate Chairperson
  - 5. Area Secretary
  - 6. Area Alternate Secretary
  - 7. Area Treasurer
  - 8. Area Alternate Treasurer
  - 9. Area Registrar
  - 10. All District Committee Member Chairs and District Committee Members
  - 11. All General Service Representatives
  - 12. All Area Standing Committee Chairpersons
  - 13. Boomerang Editor
  - 14. Note: In the absence of any of the above, the alternate may vote. Refer to the A.A. Service Manual Chapter Four. The Alternate Delegate, who is also Chairperson for a Standing Committee, carries one vote.
- B. Assembly Non-Voting Members: The non-voting positions and committees of the Area are in alphabetical order:
  - 1. Al-Anon Liaison
  - 2. CSO/Intergroup Liaison
  - 3. Boomerang Committee Members
  - 4. Webmaster
  - 5. Alternate Webmaster

# V. Business Meetings

- A. Area Assembly Meetings:
  - 1. The Spring Assembly shall meet the first weekend of April or the last weekend of March (not to conflict with religious holidays). (2-day Assembly)
  - 2. The Fall Assembly shall meet the third weekend of October (2-day Assembly)
  - 3. Assemblies to rotate geographically, from North (Districts 3, 4, 7, 10), South (Districts 1, 6, 13, 20, 23, 24, 26), East (Districts 8, 9, 11, 15, 16, 18, 21, 25) and West (2, 5, 12, 14, 17,) when possible.
  - 4. The fall election assembly bidding shall be first given to those portions of Districts 3, 8, 10, 14, 16 that encompass a central location before opening the bidding as noted above.

- 5. The dates of each Area Assembly shall be determined by the Area Chairperson one (1) year prior to each Area Assembly.
- 6. The time and the place will be determined by the Assembly at a prior Assembly.
- 7. A quorum shall be the voting members of an Assembly present at the time of the vote.
- 8. The Delegate or any (3) Area officers may call for a special Assembly if deemed necessary.
- 9. In order to enhance flow of information, it is suggested that the following schedule be followed:
  - a. First Weekend: January, February, August and the first Sunday in September (after Labor Day), and December (in Election year): Area Committee Meetings, Standing Committees and Swap-Out Meeting. March: Pre-conference Forum. April: Spring Assembly (not to conflict with religious holidays).
  - b. Second Weekend: District Meetings. These can also be on a week-day prior to the third weekend.
  - c. Third Weekend: May: Post-Conference Forum. October: Fall Assembly
  - d. Fourth Weekend: District functions, picnics and Round-Ups, etc. March: Spring Assembly (not to conflict with religious holidays).
- B. Attendance: Area Officers and Committee Chairpersons may be considered for replacement if they miss three (3) consecutive meetings.

#### C. Amendment Process:

- 1. Any Amendment of the Area General Service Workbook shall be submitted in writing by:
  - a. Any Group and its GSR
  - b. Any District and its DCM
  - c. Any Area Officer
  - d. Any Area Standing Committee Chairperson
- 2. It shall be submitted to the Area Committee for inclusion on an upcoming Assembly Agenda.
  - a. The presenter should be in attendance to represent and discuss the proposed Amendment.
  - b. Discussion and majority vote will allow the Amendment on the Assembly Agenda.
  - c. A negative vote will demand further review and a second and final proposal by the presenter at the next Area Committee Meeting.
- 3. A two-thirds {2/3} Affirmative vote by an Assembly quorum is necessary for a change to be adopted. The assembly quorum shall be established immediately prior to a vote.

## **Area Officers and their Responsibilities**

## A. Area Delegate:

- 1. Conference Preparation:
  - a. Shall cooperate with Area Committee in preparing agenda for the Pre-Conference Forum (Spring) Assembly (BOX 459 useful)
  - b. Attend district meetings where possible and listen
  - c. Become thoroughly familiar with Conference topics
  - d. Get to know your Area people
  - e. Attend pre-conference Assembly and get a good grasp of Area Group Conscience
  - f. Try to arrange opportunities in advance for Conference report.

#### 2. Conference:

- a. Shall attend all sessions and keep notes.
- b. Share your experience when appropriate
- c. Gather available material -

#### 3. Post Conference:

- a. Prepare Report try to make it interesting and informative (a view of A.A. in action)
- b. Deliver Conference Report at planned meetings.
- c. Visit district meetings
- d. Arrange general meetings to deliver the Conference Report.
- e. Listen to group conscience of which you are the Voice.

#### 4. General Duties:

- a. Provide leadership especially in training
- b. Participate in training activities whenever possible.
- c. Prepare a good service talk not just a factual report
- d. Find opportunities to deliver service talks
- e. Work through Area and District committees
- f. Be co-operative and available
- g. Plan definite objectives and work towards them.
- h. Go to as many functions as is possible as specified in the A.A. service manual.
- 5. Recommended service experience: 1. GSR, DCM, Prior Area Officer, minimum of 5 years of sobriety.

#### B. Area Alternate Delegate:

- 1. Assist Delegate and Area Committee in preparing agenda for pre-conference (spring) Assembly
- 2. Chairperson of the Guidelines Committee.
- 3. Attend all area meetings.

- 4. Become familiar with Conference topics
- 5. Learn the thinking of the Area
- 6. Be prepared to replace the Delegate at any time.
- 7. Meet with Delegate for report of General Service Conference
- 8. Travel with Delegate on his/her visits I. Visit District Meetings
- 9. General Duties:
  - a. Provide leadership and assist Delegate
  - b. Participate in training activities
  - c. Work with Area and District Committees
  - d. Stand available at all times.
- 10. Recommended service experience: GSR, DCM, Prior Area Officer, Minimum 5 years of sobriety.
- C. Area Chairperson: It is the responsibility of the Area Chairperson to:
  - 1. Chair Area Committee Meetings and Area Assemblies, ensuring that DCMs receive Assembly agenda items and background in a timely manner.
  - 2. Ensure that a budget is available with Agenda topics
  - 3. Schedule time for the Delegate to incorporate Conference items in Spring Assembly Agenda
  - 4. Stay in communication with other Area Officers.
  - 5. Shall appoint Area Committee Chairpersons except where otherwise specified in the Guidelines.
  - 6. Chair can suggest Standing Committee assignments for District Chairs when needed.
  - 7. Assembly Preparation
    - a. Shall prepare the agenda with the Area Committee and Delegate (Use Box 459 in preparing agenda items)
    - b. Distribute agenda to Committee and all DCMs. (This should be out six weeks before Assembly date. Assembly and agenda should be planned carefully to make full use of time available)
    - c. Set time schedule for each meeting (Make sure timing of Assembly coincides with important calendar events, e.g. pre-Conference, Post-Conference, elections, training needs, etc.)
  - 8. Assembly:
    - a. Shall lead the Assembly through organization and conduct including the choice and setup of venue.
      - i. make sure the local District Host Committee where Assembly is being held has arranged proper accommodations and setup for meetings and needs of people attending;
      - ii. Get Assembly agenda to Area Secretary for distribution immediately after February/September Area Committee meetings.

iii. Start all Area meetings on time, keep them moving, adhere to the agenda, and manage the meeting efficiently.

## 9. General Duties:

- Select Area Standing Committee Chairpersons after election of Area Officers.
- b. Be available to the Area Committee.
- c. Be supportive planning of Area Activities.
- d. Attend District Meetings where possible.
- e. Be a cooperative leader; communicate, and listen.
- 10. Recommended service experience: Prior GSR, DCM, Standing Committee Chair, and Area Officer(s) with a minimum of 7 years of sobriety and service.

## D. Alternate Area Chairperson:

- 1. Will serve as the Technology Committee Chairperson (TCC). [NOTE: to begin with Panel 76]
- 2. Maintain an inventory of all equipment owned by Area 28.
- 3. Be prepared to replace the Area Chairperson at any time and fulfill duties.
- 4. Recommended service experience: Prior GSR and DCM, DCMC. Minimum of 5 years of sobriety.

#### E. Area Secretary:

- 1. Shall attend all Assemblies and Area Committee meetings.
- 2. Keep accurate minutes
- 3. Organize filing system for minutes, records, group data, etc.
- 4. Be prepared to research and find past procedures when asked.
- 5. Make sure minutes and other pertinent information is sent out promptly.
- 6. Mail or email all minutes of Area 28 committee meetings and assemblies to whoever requests them, including all area officers, committee members, DCM's, GSR's, and Past Delegates and groups.
- 7. Recommended service experience: Prior GSR and DCM experience, minimum of 3 years' sobriety, and knowledge of secretarial skills useful.

## F. Alternate Area Secretary:

- 1. Will serve as the PI Committee Chairperson as well as the CPC Chair due to current Area practice of a combined PI and CPC committee. [NOTE: to begin with Panel 76]
- 2. Shall keep accurate mailing list of all groups, GSRs, DCMs, Area Officers, and Standing Committee Chairpersons.
- 3. Be prepared to take the place of the Area Secretary at any time.
- 4. Recommended service experience: Prior DCM and GSR experience: minimum of 5 years' sobriety; knowledge of secretarial skills useful.

#### G. Area Treasurer:

- 1. Shall attend all Area Committee meetings
- 2. Be available to work with Area Committee in setting Assemblies, reports, etc.
- 3. Be prepared to give full treasury report at all times
- 4. Responsible for raising the money needed for area support, (which calls for firmness and diplomacy).
- 5. Keep an eye on foolish and/or extravagant outlay of monies by committees or delegates F. Guardian of Area Funds.
- 6. Area Duties:
  - a. Keep accurate records of Area Treasury
  - b. Set up accounting system for his/her duties
  - c. Work with and give advice to GSR's and District Treasurers regarding contribution requests to the Area
  - d. Keep a firm grasp on Area spending
  - e. Be prepared and able to travel to districts, groups, etc., if requested
  - f. Serve on, not chair, Area Finance Committee.
  - g. Is responsible for bringing forms/signature cards to the Area Swap-out meeting for turning over the Area bank accounts to the newly elected Treasurer, Alternate Treasurer, and Area Chairperson.

#### 7. General Duties:

- a. Be available to Area Committee
- b. Encourage planning of Area activities
- c. Encourage, counsel and guide Area Delegate
- d. Encourage training sessions of all kinds
- e. Be a leader.
- 8. Recommended service experience: Prior GSR and DCM, experience in bookkeeping useful and computer accounting programs is strongly suggested. Minimum of 3 years' sobriety.

#### H Alternate Treasurer:

- 1. Shall attend all area committee meetings
- 2. Be available to work with area committee in setting assemblies, reports, etc.
- 3. Be prepared to give full treasury reports in a timely manner
- 4. Assist in raising the money needed for area support, which calls for firmness and diplomacy
- 5. Assist the area finance committee and Area Treasurer.
- 6. Be prepared to take the place of the Area treasurer at any time.
- 7. Area duties:
  - a. Chair the Finance Committee
  - b. Prepare the annual area budget for presentation at the fall assembly
  - c. Provide recommendation of contribution sent to GSO at the spring assembly.
- 8. General Duties:
  - a. Be available to the Area committee
  - b. Encourage planning of area activities
  - c. Attend district meetings where possible.
- 9. Recommended service experience: Prior GSR and DCM, experience in bookkeeping and computer accounting programs is strongly suggested. A minimum of 3 years' sobriety.

## I. Area Registrar:

Registrar is often a crucial first point of contact for A.A. groups and trusted servants' data. The need for accurate information and clear communication is the foundation of this role. Member Services at the General Service Office (GSO) in New York provides an online portal to maintain information about AA groups, districts, and areas. Currently (2025) this portal is called Fellowship Connection.

#### 1. Duties

- a. With available training, use the AA online portal to maintain and update records of groups, group contacts, GSRs, and DCMs/ DCMCs in Area 28
- b. Work with GSRs, DCMs, Area 28 Officers, and the General Service Office to maintain and verify accurate names, addresses, email addresses, and phone numbers of the group contacts, GSRs, and DCMs/DCMCs
- c. Provide training to a DCM or a DCMC to utilize the online portal (Only one DCM or DCMC from each district can access the online portal)
- d. Provide information to Area 28 regarding the Area 28 Service Structure when asked
- e. Train and assist incoming Registrar as needed

## 2. Qualifications:

Familiarity with computer systems and spreadsheet tools, as well as an understanding of data stewardship, is helpful. Area Registrar will be entering data, updating information, using search filters, and downloading custom and standard reports. (Refer to the AA Service Manual for more)

## Other qualities needed may include:

- a. Ability to organize, communicate, and manage detailed information
- b. Ability to communicate in a timely manner with GSO. and throughout Area 28
- c. Ability to responsibly handle and protect personal information
- d. Familiarity with the group, district, and area committee of Area 28 as well as the GSO.
- e. Prior GSR and DCM experience
- f. Five (5) years of continuous sobriety

## VI. Area Committees

## A. Area Standing Committee Chairperson:

- 1. Area Standing Committee Chairpersons, Area Alternate Archivist, Webmaster and Alt. Webmaster are appointed by the Area Chairperson with the exception of Guidelines (Alt. Delegate), Finance (Alt. Treasurer) and Round Up (Elected position)
- 2. Shall meet the same qualifications of other Area Officers as well as any other specific guidelines deemed to be required.
- 3. Appointment of the Area Standing Committee Chairpersons shall be approved at the January Area Committee Meeting with final approval at the Spring Assembly.
- 4. Are expected to attend all meetings of their respective committees. In the event that a Chairperson cannot attend a committee meeting, it is the responsibility of that Chairperson to find a substitute for that meeting
- 5. Duties shall include, but are not limited to:
  - a. A committee Statement of Purpose
  - b. Chair committee meetings
  - c. Report committee activity at Area Assemblies and Area Committee Meetings
  - d. Maintain the committee budget
- 6. At the time of rotation, outgoing Area Standing Committee Chairpersons will meet with the newly appointed Chairperson (or Archivist, Boomerang editor, Alternate Treasurer, or Alternate Delegate who serve as committee chairpersons) at the Area swap-out meeting in December following elections, to transfer all committee materials (including electronic materials) and update the new Chairperson on the activities of the committee.
- 7. Should any Area Standing Committee Chair be unable to fulfill the responsibilities of their position, they should notify the Area Chairperson of their intent to step down.

## B. Area Standing Committees:

- 1. A. Shall function within their individual guidelines and report directly to the Area Assembly.
- 2. They do not set policy but make recommendations with final approval by an Area Assembly.
- 3. One or more DCMCs will be assigned to each Area Standing Committee by the Area Chairperson
- 4. Shall include the Chairperson of any District Committee if the District has a similar committee.
- 5. Shall meet at the Assemblies, prior to Area Committee meetings and/or at the call of its Chairperson.
- 6. All members of a committee, including the Chairpersons, shall be members of Alcoholics Anonymous.
- 7. All members of a committee have a vote within the committee and all committee votes will be by a simple majority of the committee members present unless otherwise stated.
- 8. Any member of Alcoholics Anonymous may attend and have a voice at any committee meeting but only committee members may vote.

#### C. Archives Committee:

- 1. The purpose of the Archives Committee is to oversee the operation of and procedures for handling of the Area 28 Archives, to make proposals for creating Area Archives policy, and to aid the Area Archivists in their effort to preserve and protect the Area 28 Archives collection.
- 2. Shall be responsible for reviewing all aspects of Area Archives policy and, based upon such reviews, will submit reports, recommendations, and agenda items to the Area Committee and the Area Assembly.
- 3. Shall be composed of the Area Archivist as Archives Chairperson, Alternate Archivist, Archives Secretary, Chairperson of any District Archives committee, and Chairperson of any AA Group Archives Committee.

  \*\*District Chairs as\*\*

  \*appointed to the committee by the Area Chairperson, and anyone elected to the committee by a vote of the Area Assembly, Area Committee, or Archives Committee.
- 4. By a majority vote of the committee, persons who are not members of Alcoholics Anonymous may be allowed to speak at Archives Committee meetings.
- 5. A full set of keys to all locked Area Archives shall be entrusted to the Area Archivist and the Area Chairperson.
- 6. The Area Archivist and Area Alternate Archivist shall serve a term of two years with the option to stand for reappointment for an unrestricted number of terms.
- 7. The expenses of the Area Archivist will be reimbursed to attend the Area 28 Round-Up in order to display Area 28 Archives.

## D. Boomerang Committee:

- 1. The appointed Boomerang Editor shall serve as the Chairperson.
- 2. The Boomerang Editor shall function as the final say in the content of the "Boomerang", the official newsletter of Area 28.
- 3. The Boomerang will be guided by the G.S.O. Newsletter Guidelines as well as its own guidelines set up by vote of the Boomerang Committee.
- 4. Four committee members shall be appointed by the Boomerang Editor. Other interested AA members may also serve on the Boomerang Committee.

## E. Bridging the Gap Committee (BTG):

- 1. The purpose of the BTG Committee is to be a means of connecting those alcoholics leaving correctional or treatment facilities with Alcoholics Anonymous on the outside when they are released.
- 2. May include District and Group BTG Chairpersons and District and Group BTG Committee members.
- 3. The Area BTG Chairperson and District BTG Chairpersons shall be responsible for compiling lists of those willing to be contacts for persons being released. The lists from each District will be maintained by the Area BTG Chairperson.
- 4. All AA member attendees at BTG meetings shall have a voice and a vote within the BTG Committee.
- F. Cooperation with the Professional Community Committee (CPC): Currently the CPC and PI committees meet together, work on service projects together, and have one chairperson for these combined committees.
  - 1. The purpose of the CPC Committee is to provide information about AA to those who have contact with alcoholics through their profession. (These professions may include health care professionals, educators, members of the clergy, lawyers, social workers, union leaders, and industrial managers, as well as those working in the field of alcoholism.)
  - 2. The Area CPC Committee Chairperson shall be available to visit and/or communicate with the Districts about working with professionals. This shall include helping establish and support District CPC Committees.
  - 3. The Area CPC Committee Chairperson shall communicate with and support the Area Public Information (PI), Area Corrections, Area Treatment, and Area Bridging the Gap (BTG) Committees.
  - 4. Currently the CPC Committee will consist of the Alternate Secretary (PI Chair) as Chairperson, all District CPC Chairpersons, and interested GSRs.

#### G. Correctional Facilities Committee:

- 1. The purpose of the Corrections Committee is to coordinate the work of individual AA members and groups who are interested in carrying our message of recovery to alcoholics behind the walls of correctional facilities.
- 2. May include all District or Group Corrections Committee members.

#### H. Finance Committee:

- 1. The purpose of the Finance Committee is to formulate an annual Area 28 budget to be presented to the Area 28 Assembly and to be a resource for Group and District Treasurers as well as the Area Treasurer.
- 2. The Area 28 Alternate Treasurer is the designated chairperson.
- 3. May include District Treasurers as well as the Area Treasurer.
- 4. All AA members may attend and have a voice at Finance Committee meetings but only committee members may vote.
- 5. Duties include providing a proposed annual Area 28 budget, supporting the Area 28 Delegate financially and with information, be familiar with AA guidelines on finance including the principles of the 7<sup>th</sup> tradition, and sharing their experience with Groups and Districts.

## I. Grapevine/La Viña Committee:

- 1. The Grapevine/La Viña committee is composed of an appointed Grapevine Chair along with Grapevine/La Viña representatives and interested Area 28 AA members.
- 2. The Area Grapevine Chair assists in establishing an Area Grapevine Committee, keeps an ongoing list of District Grapevine and La Viña Representatives, and meets with District and Group Grapevine/La Viña representatives.
- 3. The Committee helps create enthusiasm for Grapevine/La Viña products and resources by sharing news with the Area about Grapevine/La Viña including the magazines, the AA Grapevine Website, the Grapevine App, the Podcast, the Instagram Page and the YouTube Channel.
- 4. The Committee organizes displays of Grapevine books and other resources at Assemblies, the Roundup, and at District and Group events as requested; assists in literature and subscription sales while maintaining a supply of Grapevine items on hand for distribution.
- 5. The Committee encourages workshops and editorial contributions to the Grapevine magazine and other resources.

#### J. Guidelines Committee:

- 1. The purpose of the Guidelines Committee is to assist in the writing and maintenance of guidelines for Area 28 officers, committees, and functions as well as to update and maintain the Area 28 Service Workbook.
- 2. Will provide 10 printed copies of the updated White Book at each assembly.

3. Will consist of the Alternate Delegate as Chairperson, all District Guidelines Chairpersons, and a GSR selected by the Guidelines Committee Chairperson from each of the four Area 28 regions, North, South, East, and West.

#### K. Literature Committee:

- 1. The purpose of the Literature Committee is to be a resource to help any individual, district, or committee with their literature needs.
- 2. Maintain a small inventory of service literature, available at cost from GSO.
- 3. Shall be ready to set up a display as well as sell at cost, service literature, (including newly revised conference approved materials) at Area Assemblies and other events.
- 4. The Chairperson should have a working knowledge of all conference approved literature and have one copy of each to help anyone with their requests to see what they need before they order it and should be ready to assist in ordering literature with copies of the various necessary forms.
- 5. May include any District or Group Literature Chairperson or Committee member.

#### L. Love and Service Committee:

- 1. The purpose of the Love and Service Committee is to help us love ourselves and others through service.
- 2. Promote service and provide information about service to ensure the health of the AA community, the continuance of the fellowship, and the effective fulfillment of our primary purpose.
- 3. Encourage, sponsor, and present workshops and other activities.
- 4. All AA members who attend the committee meeting are considered committee members with a voice and a vote.
- 5. Two thirds (2/3) vote of the committee is required for committee action.
- M. Public Information Committee (PI): Currently the PI and CPC committees meet together, work on service projects together, and have one chairperson for these combined committees.
  - 1. The purpose of the Public Information Committee is to create a greater understanding of, and prevent misunderstanding of, the AA program through the public media, electronic media, PI meetings, and speaking to community groups.
  - 2. May include all District and Group PI committee chairpersons and members.
  - 3. The policy of the PI Committee shall be that AA members will be asked to perform speaking commitments in communities other than the one in which they reside, recognizing the importance of anonymity.
  - 4. The PI Committee will consist of the Alternate Secretary as Chairperson, all District PI Chairpersons, and interested GSRs.

5. The Area PI Committee Chairperson and District Chairpersons may be responsible for compiling lists of those willing to speak to community groups. The lists from each district may be provided to the Area 28 PI Chairperson who can maintain and update the overall list which will be used to contact AA members.

## N. Round-Up Committee:

- 1. The elected Round-Up Committee Chairperson:
  - a. Is empowered immediately after elected
  - b. Shall appoint the members of the committee
  - c. Is responsible for timely reports to the Area Committee on suggestions of the Round-Up Committee
  - d. A written financial report shall be available at all Fall Assemblies.
  - e. Has full authority to contract with the chosen facility, as an agent of Area 28, in order to plan and effectuate the Round-Up. Ultimate financial responsibility lies with Area 28.
- 2. The Alternate Round-Up Chairperson is elected at the Fall Election Assembly, following the election of the Round-Up Chairperson. The alternate will vote in the Chairperson's absence.
- 3. Area 28 will reimburse the Round-Up Chairperson and Alternate Round-Up chairperson for expenses to attend Area Committee meetings and Area Assemblies.
- 4. The Round-Up Committee shall be responsible for:
  - a. Round-Up seed money
  - b. Literature and flyers
  - c. Suggested host facility and facility services
  - d. Al-Anon and Ala-teen representation at meetings 5. Round-Up agenda, speakers, workshops, registration
  - e. Booths, Grapevine, CSO, meeting list, etc.
  - f. Audit of expenses and income
  - g. Return of proceeds to the Area Treasurer
  - h. American Sign Language interpreters will be provided at the Round-Up with 30-day advance notice. If not requested prior to 30 days before the Round-Up, there will be no sign language interpreters available. A line for explanation of this policy and instructions for requesting interpreters shall be included in the Round-Up flyer.

## O. Technology Committee:

## 1. Composition of the Technology Committee:

a. Alternate Area Chairperson serves as the Technology Committee (Tech Comm.) Chairperson with the Alternate Technology Chairperson elected by the Technology committee.

b. Tech Comm. should include the Committee Chair, Alt. Tech Committee Chair, Tech Committee Secretary, Online meeting operators/hosts, Public Address (PA) system operator(s), Online Poll/Voting operator/host, District technology committee members, and AA Group technology committee members.

#### 2. Technology Committee Scope

- a. Provide sound reinforcement and online/hybrid setup and hosting for Area Committee meetings, Assemblies, Pre-Conference Forums, Post-Conference Forums, and Area Inventories.
- b. Tech Comm. also provides an online venue for special Area Panel meetings.
- c. Tech Comm. provides an online venue for Standing Committee meetings.

## 3. Technology Committee Procedure

- a. Area Committee Meeting (ACM) Online Procedure
  - i. All online participants must be labeled by Area or District and Service Position
  - ii. All online participants should be visible and able to see participants at the live venue
  - iii. All online/hybrid meeting participants are expected to follow AA principles and traditions

#### b. Area Assembly

- i. All online participants must be labeled by Area, District, or GSR Service Position
- ii. All online participants should be visible and able to see participants at the live venue
- iii. All online/hybrid meeting participants are expected to follow AA principles and traditions
- iv. The Third Legacy Procedure will be done by polling online and ballot live

## c. Pre-Conference Forum, Post-Conference Forum, and Area Inventory

- All online participants must be labeled by Area, District, or Home Group
- ii. All online participants should be visible and able to see participants at the live venue
- iii. All online/hybrid meeting participants are expected to follow AA principles and traditions
- iv. Sharing of opinions may be done with a show of hands
- d. Standing Committee Meetings

# i. The Tech Committee will support Standing Committee meetings, that meet online, with appropriate technology

#### P. Treatment Facilities Committee:

- 1. The purpose of the Treatment Committee is to coordinate the work of individual AA members and groups that are interested in carrying the message of recovery to alcoholics in treatment facilities.
- 2. Shall cooperate with other committees in every way to assist in the development of their purpose.
- 3. Any interested AA member can be on the Treatment Facilities Committee.

#### Q. Website Committee:

- 1. The purpose of the Website Committee is to oversee the operation of the Area 28 web site, the activities of the Area 28 Webmaster, and to review and establish website policies. The committee will follow GSO guidelines on the internet.
- 2. Shall provide information to GSR's, Area Committee Members, and other interested AA members within Area 28.
- 3. Shall include the Chairperson, Webmaster, and Alternate Webmaster and may include any interested AA member.

#### 4. Webmaster:

- a. Serves a term of two years with the option to stand for re-appointment for an unspecified number of panels.
- b. Attends meetings of the Website Committee, reports and makes recommendations to that Committee.
- c. Shall be responsible for maintaining the domain, website email forwarding, responding to inquiries, updating information (e.g. names of committee chairpersons, officers and changes in contact information), posting information and changes as requested by the Website Committee.
- d. Train people to assist the Webmaster and whom may in the future be appointed as Webmaster.
- e. Ensure that the Website Committee Chairperson and Area Secretary have all access information, codes and passwords.

#### 5. Alternate Webmaster:

a. Serves a term of two years with the option to stand for re-appointment for an unspecified number of panels.

## VII. Area Liaisons

#### A. Al-Anon Liaison:

1. Area 28 adopts the current Al-Anon guidelines from GSO along with any changes or revisions they may make in the future.

- 2. The Area 28 Al-Anon Liaison will have copies of GSO Al-Anon Guidelines available upon request, or on line at www.aa.org.
- 3. It is the responsibility of the Al-Anon Liaison to pass on and exchange all materials relevant to this position to the next/incoming Al-Anon Liaison.

#### B. CSO/Intergroup Liaison:

- 1. Appointed by the Area Chair as an independent non-voting, communication link between Central Service Offices, Intergroups, and Area 28.
- 2. Become familiar with GSO Guidelines, Service Manual and other pamphlets. Attend Area 28 Committee Meetings and Assemblies and give a report to the Area on the activities of these entities. Communicate by phone, email or by personal visits. Distribute Hotline lists provided by these entities to District Chairs and return them when completed.
- 3. Become familiar with GSO Guidelines, Service Manual and other pamphlets. Attend Area 28 Committee Meetings and Assemblies and give a report to the Area on the activities of these entities. Communicate by phone, email or by personal visits. Distribute Hotline lists provided by these entities to District Chairs and return them when completed.

# VIII. Expenses

## A. Funding:

- 1. Prime importance is to be self-supporting through Group contributions.
- 2. Needed funds must be available for Delegate's responsibilities per A.A. Service Manual.
- 3. Additional funds shall be available for budget items deemed necessary by approval of the Assembly.

# IX. Appendices:

## A. Guidelines for Hosting an Assembly:

Area 28 Assembly experience has shown that the following guidelines can aid a District in hosting a successful Assembly and making it a positive service experience for all of those involved.

- 1. The bid to host an Area Assembly shall be presented to the Area Assembly by the proposing host District.
- 2. The Host District will provide lodging information with e-mail, website, phone numbers, and pricing information, where possible.
- 3. Assembly locations should include the following:
  - a. An established site large enough to seat 150 200 persons
  - b. An internet connection with enough bandwidth to support online participation for the Assembly.
  - c. Adequate breakout rooms or areas for Committees to meet. These areas should allow for clear communication without outside distractions.
  - d. Assemblies hosting a Third Legacy Election will require a whiteboard, and dry-erase markers. The Area will provide ballots, registration forms, and voting cards.
  - e. The assembly site is to be fully handicap accessible.
- 4. The Assembly Agenda shall be determined by the Area Chair with the assistance of the Area Committee. The Area Chair and host district should be in regular communication.
- 5. Information flyers should be available at the first Area Committee meeting following the acceptance of the bid for the next Assembly.
- 6. A reasonable price for meal tickets will help the Assembly maintain our tradition of self-support.
- 7. The Assembly suggests districts encourage service within their districts versus hiring caterers.
- 8. The Assembly Host Committee is encouraged to provide a report at the first Area Committee meeting following the Assembly and is expected to provide a full report at the next Area Assembly.
- 9. The final financial responsibility of the Area Assembly rests with Area 28. A financial report should be submitted to the Area Treasurer and the Finance Committee as soon as possible after the Assembly.

## B. Guidelines for Hosting an Area Post-Conference Forum (PCF):

The following guidelines can aid a District in hosting a successful PCF.

- 1. The bid to host an Area PCF is made by Districts at the Area Fall Assembly.
- 2. PCF locations should include the following:
  - a. An established site large enough to seat 100 -125 attendees and have adequate parking for those attendees.
  - b. The PCF site is fully handicapped accessible.
- 3. Information flyers should be available at the first Area Committee meeting following the bid assembly.
- 4. Area 28 has seed money (currently \$250.00) for the PCF. If possible, the Area should be reimbursed the seed money.
- 5. Any additional expenses that are prudent but not covered by the event will be considered for reimbursement by the Area Treasurer to the hosting district.
- 6. The host District may wish to provide a Continental breakfast (coffee, pastries, and fruit) and / or a light lunch. The host District may ask for contributions to offset the cost of the site, food, & coffee.
- 7. The host District of the PCF will provide a report at the first Area Committee meeting following the event and a final report at the next Assembly.

- C. Guidelines for reserve fund to assist financially struggling districts.
  - 1. Definition of a Struggling District: A struggling district is any Area 28 district that has not participated in a two-day Area Assembly due to being a dark district, its remoteness, newness, or having insufficient funds to send a DCM or District Chairperson, or alternates to participate in assembly activities and bring its district's voice to the Area.
  - 2. 2. Process for applying for funds:
    - a. All requests for assistance funds should be mailed or emailed on a completed form to the Area Chairperson. The form should be received by the Area Chair by the 1st of the month in which the assembly is to be held. The Chairperson will respond to the request by phone or Email by the 7th of the month.
    - b. The Area Chairperson will consult with the Delegate, Alternate Delegate, Treasurer, Secretary, and Finance Committee Chairperson before making a decision to grant financial assistance.
    - c. The "subsidy" form for financial assistance will be forwarded to the Treasurer. The following criteria is to be used in determining whether to grant the request or not:
      - i. Districts must show a demonstrated need for the assistance and show that the district and / or groups are attempting to contribute. If little or no contribution is being made by the district, explain the circumstances.
      - ii. Districts that have not used the funds before will be given first priority.
      - iii. Districts that have been under-represented in the past will be given priority.
      - iv. If the district is dark, then a request can be made by a GSR or interested group member.
      - v. Every effort will be made to assist all applicants in whatever way possible even if direct funding is not available.
    - d. The amount of funds available for each assembly is \$500. If the amount is not used fully for the Spring Assembly, then the remainder may be used in May for the Post Conference Forum (Delegate's Report). If any remains it may be carried forward to the Fall Assembly. Any remainder for the year lapses. Total: \$1000 per year.
    - e. Receipts for gas, meal ticket, and lodging shall be presented to the treasurer on a completed expense report by the end of the assembly for reimbursement by check. All forms and receipts shall be retained with the assistance application form.
    - f. The Finance Committee Chairperson and committee shall review and give a full report on the use of the Struggling District Fund at the Fall Assembly and any anticipated activity to date. At that time they may make recommendations for increases or decreases in the amount of the fund.
  - 3. Struggling Districts Fund Application Form Following:

# AREA 28 STRUGGLING DISTRICT APPLICATION FOR FUNDS

Date: Distric	ct # Location
GSR / DCM Name:	Phone #
Mailing Address:	
E-Mail Address:	
Assembly you are applying for: _	
What was the last Assembly a GS	SR / DCM for the District attended:
Date of the Assembly (if known):	
Is this the first time this district l	has applied for assistance?YesNo
If "No", when did your district a	pply?
your specific situation). Please not	wing budget details. (Fill in only those items that apply to e that even though we have asked for all these items on the SR / DCM will research and make use of the most that may be given.
Gasoline	<b>\$</b>
Food (meal tickets)	<b>\$</b>
Accommodations	<b>\$</b>
Other Costs	<b>\$</b>
TOTAL COST	<b>\$</b>
<b>Subtract District Contribution:</b>	<b>\$</b>
Assistance Requested	<b>\$</b>

Please send completed form to Area 28 Chairperson by required date

## D. Glossary

AA Service Manual: First written in 1951 by Bill W. to outline basic service principles and procedures combined with the Twelve Concepts.

A.A. World Service (AAWS): One of the operating corporations of the General Service Board; oversees the operations of the General Service Office and serves as the publishing company for Conference approved and service literature.

AREA: A geographical division within a state or province. Normally there is one area to a state or province except in heavily A.A. populated places, where there may be more areas. Some areas include portions of more than one state or province.

Area 28 Service Workbook: A workbook of Guidelines created by and for Area 28 members. Assembly: A meeting of G.S.R.'s and Area committee members to discuss area affairs and, every other year, to elect a delegate and committee officers.

Bridging the Gap (BTG): A.A. members volunteer to be temporary contacts and introduce those coming out of treatment and correctional facilities to Alcoholics Anonymous.

Class A Trustee (non-alcoholic): There are 7 Class A trustees who are members of the General Service Board, men and women who are recognized professionals in their own fields.

Class B Trustee (alcoholic): There are 14 Class B trustees who are members of the General Service Board. They are men and women A.A.s who are strong in one or more of the following areas: length of sobriety, business or professional background, leadership, and grasp of A.A. structure.

Cooperation with the Professional Community (CPC): builds relationships with professionals who come into contact with active alcoholics and may be able to refer them to A.A.

Central Service Office/Intergroup (CSO/Intergroup): Handle local services only for a specific geographical area and are not connected with A.A.'s worldwide affairs.

District Committee Member (DCM) An experienced G.S.R. elected by other G.S.R.'s to represent the groups of their district in area committee meetings and to coordinate service activities in the district.

District Committee Member Chairperson (DCMC): (often referred to as District Chair in Area 28)

Delegate: The person elected every two years by the Area Assembly to serve the U.S. and Canada as a whole at the annual General Service Conference.

District: A division within an area represented by committee member(s).

General Service Area 28: Area made up of Maine

General Service Board (GSB): The legal entity that oversees the operation of A.A.'s service corporations, A.A.W.S., Inc. and the A.A. Grapevine, Inc., as well as the General Service and Grapevine Offices.

General Service Conference: The 93 delegates from the U.S. and Canada convene for a week each year for a closed business meeting to conduct the business of the U.S. and Canada. Members of the G.S.B., G.S.O. staff members, and non-trustee directors of A.A.W.S., Inc. and the A.A. Grapevine, Inc. are also voting members of the Conference.

Grapevine: The international journal of A.A. and "our meeting in print" published monthly.

General Service Office (GSO): provides services to groups in the U.S. and Canada and publishes A.A. Literature.

General Service Representative (GSR): The group contact with the GSO; voting member of the area assembly.

NECYPAA: New England Conference of Young People in Alcoholics Anonymous (NECYPAA).

NERAASA: Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA).

NERD: Northeast Regional Delegates Reunion (NERD).

NERF: Northeast Regional Forum (NERF).

Public Information (PI): P.I. Committees help carry the message by working with the media and the general public.

Quorum: A quorum shall be the voting members of an Assembly present at the time of the vote.

Region: A grouping of areas from which a Regional Trustee is elected to serve on the board of trustees.

Round Up (RU): Area 28 annual convention.

# E. Area 28 Current District Directory

DISTRICT 1	DISTRICT 4	DISTRICT 9 continued	DISTRICT 14	DISTRICT 18
CAPE ELIZABETH	ALLAGASH	MONHEGAN ISLAND	BELGRADE	BAR HARBOR
LONG ISLAND	EAGLE LAKE	NEWCASTLE	BINGHAM	NORTHEAST HARBOR
PEAKS ISLAND	FORT KENT	SOUTH BRISTOL	CANAAN	SALISBURY COVE
PORTLAND	MADAWASKA	SOUTHPORT	CHINA	SOMESVILLE
	SINCLAIRE	WALDOBORO	CLINTON	SOUTHWEST HARBOR
DISTRICT 2	VAN BUREN	WISCASSET	FAIRFIELD	SWANS ISLAND
ANDOVER			JACKMAN	
BETHEL	DISTRICT 5	DISTRICT 10	MADISON	DISTRICT 20
CARRABASSETT	AUBURN	CHESTER	PITTSFIELD	BIDDEFORD
VALLEY	GREENE	EAST MILLINOCKET	SKOWHEGAN	OLD ORCHARD BEACH
DIXFIELD	LEWISTON	HOWLAND	UNITY	SACO
FARMINGTON	LISBON	LINCOLN	WATERVILLE	SCARBOROUGH
KINGFIELD	LISBON FALLS	MILLINOCKET	WINSLOW	
MADRID	LIVERMORE			DISTRICT 21
MEXICO	MECHANIC FALLS	DISTRICT 11	DISTRICT 15	BLUE HILL
NEW PORTLAND	NORWAY	ALEXANDER	APPLETON	BROOKLIN
NORTH JAY	POLAND	CALAIS	CAMDEN	BUCKSPORT
PHILLIPS	SOUTH PARIS	DENNYSVILLE	HOPE	CASTINE
RANGELEY	TURNER	EASTPORT	NORTH HAVEN ISLAND	DEER ISLE
RUMFORD		PRINCETON	OWLS HEAD	ORLAND
STRATTON	DISTRICT 6		PORT CLYDE	PENOBSCOT
STRONG	BATH	DISTRICT 12	ROCKLAND	SEDGWICK
WILTON	BOWDOINHAM	AUGUSTA	ROCKPORT	STONINGTON
	BRUNSWICK	COOPERS MILLS	SOUTH THOMASTON	
DISTRICT 3	FREEPORT	DRESDEN	TENANTS HARBOR	DISTRICT 23
ABBOTT VILLAGE	GEORGETOWN	FARMINGDALE	THOMASTON	OGUNQUIT
BANGOR	ORRS ISLAND	GARDINER	UNION	YORK
BENEDICTA	RICHMOND	HALLOWELL	VINALHAVEN	YORK BEACH
BREWER BROWNVILLE	TOPSHAM	KENTS HILL MANCHESTER	WARREN	YORK HARBOR YORK VILLAGE
JUNCTION	DISTRICT 7	NORTH WHITEFIELD	DISTRICT 16	YORK VILLAGE
CHARLESTON	AROOSTOOK	PITTSTON	BELFAST	DISTRICT 24
CORINNA	ASHLAND	RANDOLPH	BROOKS	CHEBEAGUE ISLAND
DEDHAM	CARIBOU	READFIELD	LINCOLNVILLE	CUMBERLAND
DEXTER	CONNOR	SIDNEY	SEARSPORT	FALMOUTH
DOVER-FOXCROFT	FORT FAIRFIELD	TOGUS	STOCKTON SPRINGS	SOUTH PORTLAND
EAST EDDINGTON	HOULTON	WINDSOR		WESTBROOK
EAST ORRINGTON	NEW SWEDEN	WINTHROP	DISTRICT 17	YARMOUTH
EDDINGTON	PATTEN		BRIDGTON	
GREENVILLE	PRESQUE ISLE	DISTRICT 13	CASCO	DISTRICT 25
GUILFORD	ST. AGATHA	ACTON	DENMARK	BEALS ISLAND
HAMPDEN	STOCKHOLM	ALFRED	FRYEBURG	COLUMBIA
HERMON		BERWICK	GRAY	JONESPORT
HOWLAND	DISTRICT 8	BUXTON	HARRISON	LUBEC
INDIAN ISLAND	ELLSWORTH	HOLLIS	LOVELL	MACHIAS
LEVANT	GOULDSBORO	KENNEBUNK	NEW GLOUCESTER	MILBRIDGE
MILO	HANCOCK	KENNEBUNKPORT	RAYMOND	WHITING
MONSON	MARIAVILLE	KEZAR FALLS	STANDISH	
NEWPORT	SULLIVAN	LIMERICK	STEEP FALLS	
OLD TOWN	WINTER HARBOR	NORTH BERWICK	WINDHAM	
ORONO		SANFORD		
ORRINGTON	DISTRICT 9	SOUTH BERWICK		
ROCKWOOD	BOOTHBAY	SPRINGVALE		
VEAZIE	BOOTHBAY HARBOR	WATERBORO		
WINTERPORT	BRISTOL MILLS	WELLS		
	DAMARISCOTTA	WEST NEWFIELD		